



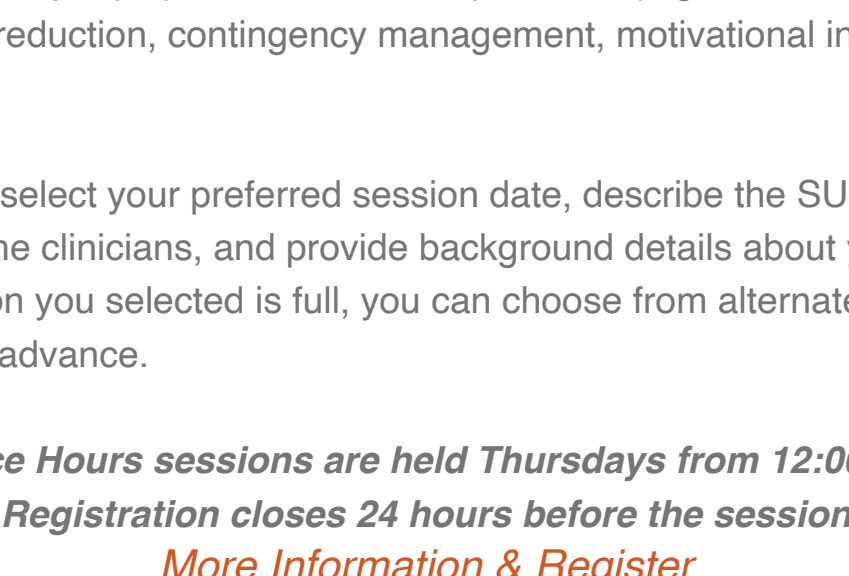
February 13, 2023

Welcome to our quarterly newsletter. We are excited to share research, resources and news from The UVM Center on Rural Addiction (UVM CORA).

Selected UVM CORA Offerings

Clinicians Available for Direct Consultation

The UVM CORA Clinician Office Hours program offers free virtual consultation with clinicians who specialize in the evaluation and management of substance use disorders (SUDs).

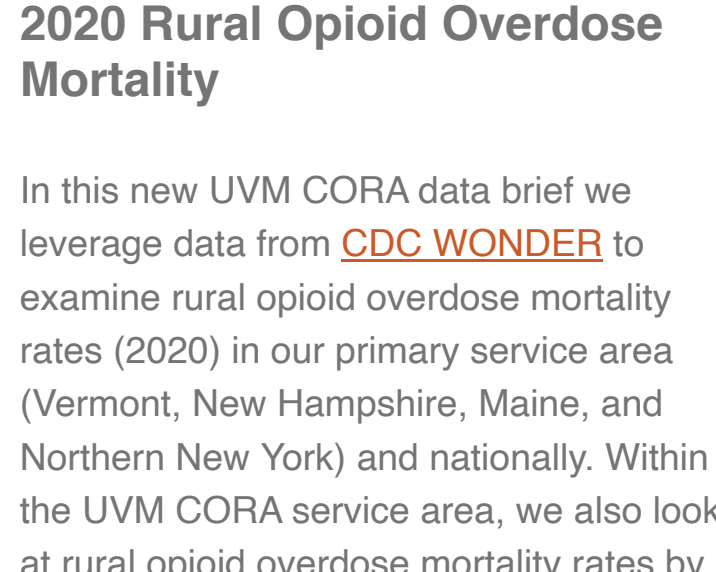


Our clinicians can address a spectrum of SUD treatment-related topics including specific substances (e.g. opioids, stimulants, alcohol, tobacco), special populations (e.g. adolescents, pregnant people), evidence-based practices (e.g. medication for opioid use disorder, harm reduction, contingency management, motivational interviewing), and many other topics.

To register, you will select your preferred session date, describe the SUD-related issue to be discussed with the clinicians, and provide background details about your role and work setting.

Clinician Office Hours sessions are held Thursdays from 12:00-1:00 pm EST Registration closes 24 hours before the session More Information & Register

New Reports

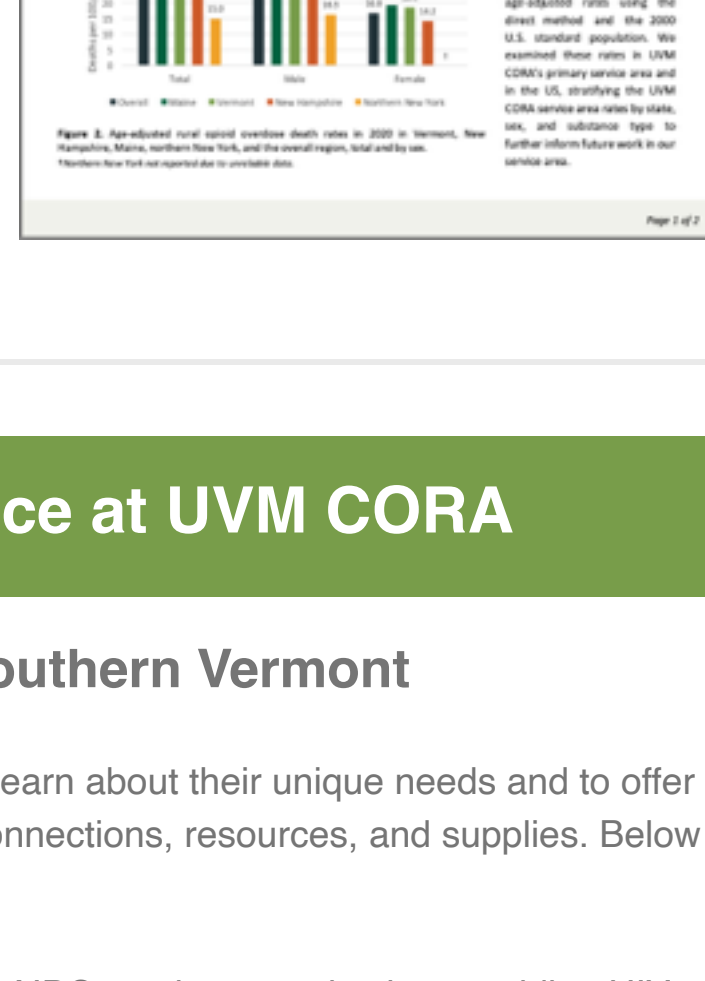


Increased Fatal Overdoses Involving Stimulants and Fentanyl

Each quarter, UVM CORA publishes synopses of key research papers. In this spotlight, we explore rising fatal overdoses involving stimulants in rural U.S. counties, and the presence of fentanyl in many of these cases.

2020 Rural Opioid Overdose Mortality

In this new UVM CORA data brief we leverage data from CDC WONDER to examine rural opioid overdose mortality rates (2020) in our primary service area (Vermont, New Hampshire, Maine, and Northern New York) and nationally.



Technical Assistance at UVM CORA

AIDS Project of Southern Vermont

UVM CORA meets with many organizations to learn about their unique needs and to offer them technical assistance (TA) in the form of connections, resources, and supplies.

AIDS Project of Southern Vermont is a regional AIDS service organization providing HIV prevention and syringe services, services for people living with HIV/AIDS, and HIV and hepatitis C testing.

UVM CORA has worked extensively with Sue Conley (pictured below), who is the organization's Harm Reduction Program Manager.

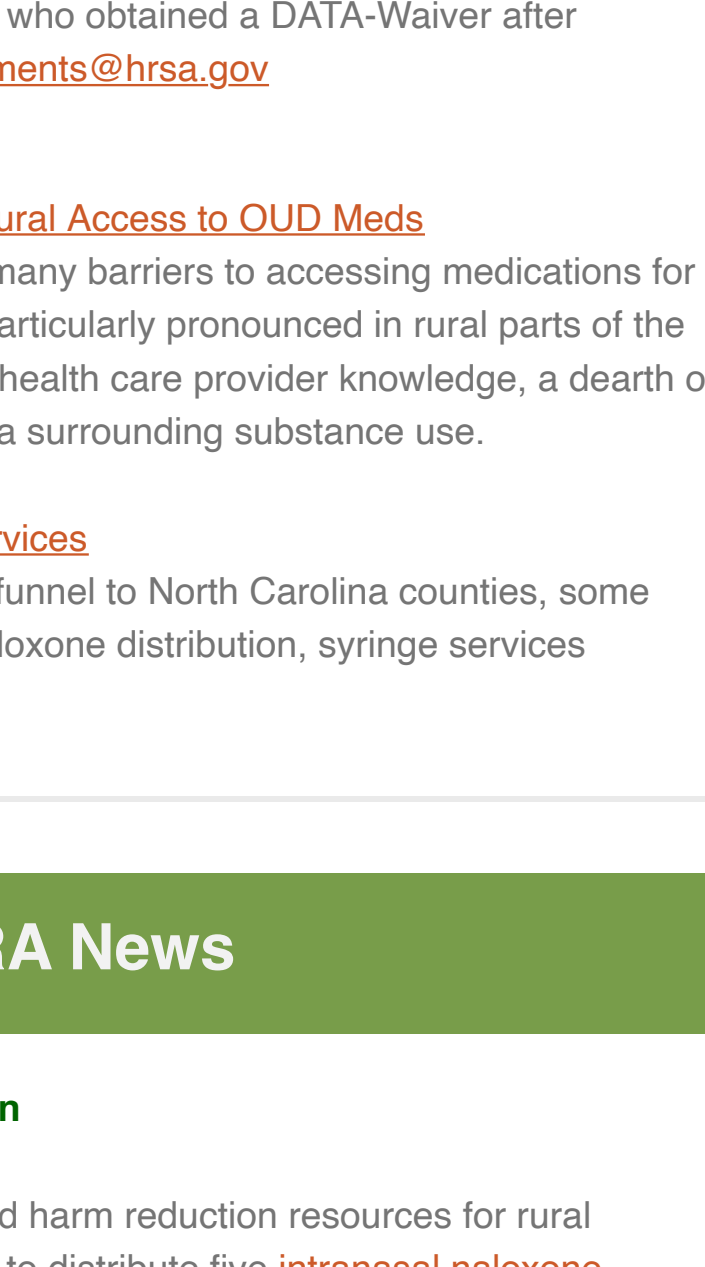
We first met the folks at AIDS Project in 2020, early in UVM CORA's tenure. We discussed stigma, harm reduction, and hepatitis C and HIV prevention.

In the spring of 2022, AIDS Project reported they had begun providing medications for opioid use disorder (MOUD) as part of their syringe services program, and that their mobile clinic was up and running for three sites (Brattleboro, Bennington, Bellows Falls).

Between September, 2020 and December, 2022 UVM CORA has been able to provide AIDS Project of Southern Vermont with consultation and many supplies.

Total Supplies Disseminated

- 342 Doses of Intranasal Naloxone
1,300 Fentanyl Test Strips
400 FTS Pocket Guides
20 Telehealth Supplies
6 Minute Cards
20 Locking Backpacks
10 Secure Storage Dispensing Devices
100 Secure Storage Dispensing Device Safety Seals
50 Breathing Barriers
148 Antibiotic Ointment Bottles
600 Gauze Pads
300 Bandages
3 Lockboxes



Sue described how much Telehealth supplies from UVM CORA helped the people she serves. She provided a quote from one of her clients:

"I've had a job lined up, and the manager is willing to give me more hours if I have a working phone. You have no idea what you just did for me by giving me a phone. This phone is going to give me a job and hopefully a place to stay so that I don't have to sleep outside anymore."

More from Sue:

"What I love about this work are the people we serve. I learn from them every day and I care so deeply for them. I feel privileged to help them and know that they have a place where they can come and feel loved, respected, and not judged."

To contact UVM CORA about technical assistance, click HERE

News from the Field

Removal of the DATA-Waiver (X-Waiver) Requirement for Buprenorphine Prescribers Substance Use and Mental Health Services Administration - On December 29, 2022, Congress eliminated the DATA-Waiver program.

Although the waiver program is no longer in effect, stipends are still available to help defray previous training costs:

- UVM CORA still offers \$750 to each provider who obtained a DATA-Waiver. Contact cora@uvm.edu
HRSA still offers \$3,000 to each provider who obtained a DATA-Waiver after 1/1/2019. Contact DATA2000WaiverPayments@hrsa.gov

Lack of Person-Centered Research Impedes Rural Access to OUD Meds

Filter - Across the United States, people face many barriers to accessing medications for opioid use disorder (MOUD), and this is often particularly pronounced in rural parts of the country given a slew of hurdles such as limited health care provider knowledge, a dearth of services in harm reduction "deserts", and stigma surrounding substance use.

Twelve NC counties expand harm reduction services
NC Health News - As opioid settlement funds funnel to North Carolina counties, some have developed plans to target resources to naloxone distribution, syringe services programs and peer support.

UVM CORA News

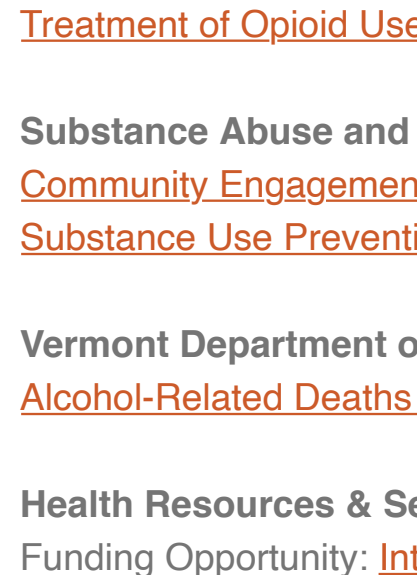
Naloxone Vending Machine Application Open

In our ongoing efforts to provide evidence-based harm reduction resources for rural communities, UVM CORA has been authorized to distribute five intranasal naloxone vending machines to rural health organizations that serve rural communities in Vermont, New Hampshire, Maine, and Northern New York.

The overarching goal of this pilot program is to increase access to harm reduction materials for emergency uses and for individuals who may not otherwise engage in services. The intranasal naloxone vending machines provided through this pilot program will be placed in centralized locations in rural communities in Northern New England to provide convenient access to intranasal naloxone.

Application closing on Friday, March 3, 2023 More Information & Apply

Congratulations to Stacey Sigmon, Ph.D., UVM CORA's Director and Principal Investigator



Dr. Sigmon was awarded the 2023 Gender Equity Outstanding Achievement in Medicine and Science Award. From the Office of the Dean: "This award will be given to a woman or gender diverse faculty member within the Larner College of Medicine who has demonstrated outstanding achievement in medicine and science through research, education, or service."

Upcoming Community Rounds Session

Illicit Drug Supply: Fentanyl and Xylazine

Please join us on Wednesday, February 22nd from 12:00 p.m. - 1:00 p.m. ET for a UVM CORA Community Rounds Workshop Series session, Illicit Drug Supply: Fentanyl and Xylazine. Our speaker is Richard Rawson, PhD, Research Professor at the Vermont Center for Behavior and Health at UVM and a Professor Emeritus at the UCLA Department of Psychiatry.

REGISTER HERE

Can't make it? Watch the webinar recording in advance. Continuing Education credits within one month of the live event. Subscribe to our mailing list (if you haven't already) and you will automatically receive the recording later!

Highlighted UVM CORA Publications

Rawson, R. A., Erath, T. G., Chalk, M., Clark, H. W., McDavid, C., Wattenberg, S., Roll, J. M., McDonnell, M. G., Parent, S., & Freese, T. E. (2023). Contingency Management for Stimulant Use Disorder: Progress, Challenges, and Recommendations. The Journal of Ambulatory Care Management, 10.1097/JAC.0000000000000450. Advance online publication. https://doi.org/10.1097/JAC.0000000000000450

West, J. C., Burt, K. B., Klemperer, E. M., Chen, H. L., & Villanti, A. C. (2023). Latent Classes of Perceived Addictiveness Predict Marijuana, Alcohol, and Tobacco Use in Youth and Young Adults. Substance Use & Misuse, 1-11. Advance online publication. https://doi.org/10.1080/10826084.2023.2167497.

Wiley, R. C., Oliver, A. C., Snow, M. B., Bunn, J. Y., Barrows, A. J., Tiede, J. W., Lee, D. C., Sigmon, S. C., Gaalema, D. E., Heil, S. H., Markesich, C., Villanti, A. C., & Higgins, S. T. (2023). The Impact of the Covid-19 Pandemic on Smoking Among Vulnerable Populations. Nicotine & Tobacco Research: Official Journal of the Society for Research on Nicotine and Tobacco, 25(2), 282-290. https://doi.org/10.1093/ntr/njac135.

Don't Miss...

Virtual and In-Person Events

(all are listed in EST)

Faces & Voices of Recovery

Training: OUR STORIES HAVE POWER February 14 - FEBRUARY 15, 2023, 12:00-5:00 pm

Friends of Recovery Vermont

Webinar: Recovery Day 2023 February 15, 2023, 9:00 am-1:00 pm

Health Resources & Services Administration (HRSA)

Webinar: FDA Briefing on Tobacco Product Regulation: Menthol and Flavored Tobacco February 15, 2023, 1:00-2:00 pm

Session 4 of Addressing Opioid Use Disorders in Rural Communities

Webinar: Addressing Substance Use Disorder Workforce Issues in Rural Communities: Challenges and Opportunities February 15, 2023, 3:00-4:00 pm

Advanced OUD X-Waiver Team Learning Collaborative

Meeting: AXL Workshop: MOUD Care Settings & Patient Treatment Matching February 23, 2023, 12:00-1:00 pm

Northern Area Health Education Center

Webinar: HIV Substance Use, and Social Justice February 23, 2023, 12:00-1:00 pm

Howard Center

Webinar: The Spirit of Harm Reduction March 8, 2023, 12:00-2:00pm

Society for Research on Nicotine and Tobacco (SRNT)

San Antonio, TX: Annual Meeting March 1 - 4, 2023

Rx and Illicit Drug Summit

Atlanta, GA: https://www.rx-summit.com/ April 10 - 13, 2023

Resources

National Nurse-Led Care Consortium

The Intersection of Tobacco and Opioid Use Disorder: A Guide for Health Center Providers

Office of the Assistant Secretary for Planning and Evaluation (ASPE) Meeting: Substance Use and Social Service Needs in Communities of Color

UR Medicine Recovery Center of Excellence

Treatment of Opioid Use Disorder in Primary Care: A Practical Solution to an Urgent Need

Substance Abuse and Mental Health Services Administration (SAMHSA)

Community Engagement: An Essential Component of an Effective and Equitable Substance Use Prevention System

Vermont Department of Health

Alcohol-Related Deaths Among Vermonters

Health Resources & Services Administration (HRSA)

Funding Opportunity: Integrated Substance Use Disorder Training Program (ISTP)

Important Services

Rural Centers of Excellence

UVM CORA is proud to serve alongside two other Rural Centers of Excellence! See below to learn more about them.

The Fletcher Group January 2023 Newsletter

UR Medicine Recovery Center of Excellence Winter 2023 Newsletter



988 Suicide & Crisis Lifeline

988 has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline and is now active across the 988 Suicide & Crisis Lifeline (and in some known as the United States).

Support from UVM CORA

To request a presentation or educational resources, CLICK HERE

To request technical assistance, CLICK HERE

Questions? Email us HERE

Did someone forward this newsletter to you?

If you'd like to subscribe to this quarterly newsletter and learn about other UVM CORA opportunities, click below

SUBSCRIBE

The University of Vermont Center on Rural Addiction was established in September 2019 through a cooperative agreement with the Health Resources & Services Administration (HRSA). The mission of UVM CORA is to provide treatment providers and staff in HRSA-designated rural counties with the technical assistance and resources in evidence-based practices that may support their efforts to treat patients with opioid use disorder or other substance use disorders.

The Robert Larner College of Medicine at The University of Vermont is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE), and the Accreditation Council for Continuing Medical Education (ACCME), to provide continuing medical education for the healthcare team. The University of Vermont is certified in HRSA-designated rural live activity for a maximum of 1AMA PRA Category 1 credit(s)/M. Each physician should claim only those credits commensurate with the extent of their participation in the activity. This program has been reviewed and is acceptable for up to 1 Nursing Contact Hours. As a Jointly Accredited Organization, The Robert Larner College of Medicine at the University of Vermont is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. The University of Vermont maintains responsibility for this course. Social workers completing this course receive 1 general continuing education credits

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